






Treatment Time: 1 hour

-  = white scoop = 1/3 teaspoon  
 = blue scoop = 1 teaspoon  
 = Bioelements Signature Techniques. These are optional.  
 = Perform with steam.  
 = DO NOT perform with steam.



## The Bioelements Custom Blend Facial

This protocol is your launching pad to create an infinite number of treatments. Just choose the formulas based on your client's SkinReading<sup>®</sup> and skin concerns.

### Preparation



**NOTE:** The products highlighted in this facial step-by-step are those that you purchased in this package. To expand your facial business and to give you the option to target more skin types and concerns, consider purchasing the rest of the products featured in the Bioelements Custom Blend Facial.

1. Pre-heat steamer.
2. First Look – Perform prior to removing the client's makeup to get the first impression of skin.
-  3. **Hot Neck Roll** – Slide under the client's neck and head.
-  4. **Aroma Breathing** – Apply a few drops of an Aromatherapist Oil (**Bulgarian Rose Otto, Wild French Lavender, or East Indian Sandalwood**) in your hands and cup them a few inches over client's nose. Have client take 3 deep breaths.

### Pre-Cleanse

1. Remove eye makeup and lipstick with a makeup remover and cotton eye pads moistened with warm water.
2. Apply a makeup remover to entire face and neck with a Bioelements Treatment Brush. Add water and pre-cleanse.
3. Remove makeup remover with gauze and water.

#### MAKEUP REMOVER PRODUCT CHOICES

##### **Gentle Creme Eye Makeup Remover**

- For all skin types except Oily and Very Oily

##### **Makeup Dissolver Perfected**

- For all skin types except Sensitive

### SkinReading<sup>®</sup>

1. Apply cotton eye pads moistened with **Soothing Eye Pad Solution**.
2. Perform a Bioelements SkinReading.

# Cleanse

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-  **ST** 1. Apply a cleanser to the face and neck with a Bioelements Treatment Brush, then perform a second cleansing under steam using the **Bioelements Cleansing Massage**. Do not remove cleanser.

## CLEANSER PRODUCT CHOICES

### Moisture Positive Cleanser

- Very Dry / Dry skin


### Decongestant Cleanser



- Oily / Very Oily skin

### Sensitive Skin Cleanser

- Sensitive skin



**NOTE:** If your client is touch sensitive or prone to P.I.H., you can choose to blend {1 } **EnzymeTherapy** with the appropriate cleanser in this step and apply to the skin under steam.

-  2. Apply an exfoliating scrub {1 } to your hands and rub them together to distribute. Gently press over the chin, center of cheeks and center of forehead (avoiding the eye area), then gently massage for 1 minute. Continue steaming.

## SCRUB PRODUCT CHOICES

### Measured Micrograins +

- For all skin types including Sensitive

### Pumice Peel

- For all skin types except Sensitive prone to P.I.H.

-  3. Blend {1 } **EnzymeTherapy** with {1 } **Softening Gel** under steam and brush across lips.

-  4. Remove all product with gauze and water and blot with a toner.

## TONER PRODUCT CHOICES

### Equalizer

- Very Dry to Very Oily skin
- Dehydration

### Power Peptide

- Very Dry to Very Oily skin
- Aging skin

### Calmitude Hydrating Solution

- Sensitive skin
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# Enzyme Exfoliation OR Surface Peeling

Choose to either exfoliate (column A) OR to surface peel (column B).



## A. PERFORM ENZYME EXFOLIATION

On all skin types including sensitive.

### EXFOLIATION PRODUCT CHOICES

Blend **EnzymeTherapy** {1 W} with **Emergency Soothing Powder** {1 W} and **Softening Gel** {1 B} under steam.  
 • For sensitive skin when you want a mild action

Blend **EnzymeTherapy** {2 W} with **Softening Gel** {1 B} under steam.  
 • For all skin types when you want a moderate action

Blend **Extra-Strength EnzymeTherapy** {2 W} with **Softening Gel** {1 B} under steam.  
 • For all skin types when you want a strong action

1. Apply to entire face and neck with a Bioelements Treatment Brush, avoiding the eye and lip area.
2. Apply eye pads moistened with **Soothing Eye Pad Solution** and exfoliate under steam for 5 minutes.
- ST** 3. Remove the **Hot Neck Roll** from underneath the client's neck and use it to remove exfoliant. (Or, you may use gauze and water.)



## B. PERFORM SURFACE PEELING

On all skin types *EXCEPT SENSITIVE*.

### PEEL PREPARATION

1. Apply {2 W} **Peel Prep Lipid Eraser** onto two cotton rounds.
2. Starting from the chin, simultaneously wipe pads up along jawline, across cheeks, nose and the entire forehead, avoiding the eye area. Do not remove product.

### SURFACE PEELING PRODUCT CHOICE\*

**Lactic-Plus Peel Level 1** {1 W}  
 • For all skin types *EXCEPT SENSITIVE* when you want a mild action

1. Apply to entire face with a *DRY* Bioelements Treatment Brush, avoiding the eye and lip area.
2. Apply cotton eye pads moistened with **Soothing Eye Pad Solution** and leave on for 5 minutes.
3. Remove with gauze and water. (Do not use Hot Neck Roll to remove product.)

OR

**NOTE:** Turn off steamer. It is no longer needed.

**\*NOTE:** For more advanced chemical peels, see the Ultra-Detox Chemical Peel step-by-step

# Skin Sedation / Comedone Removal Prep Mask

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1. Blend **Softening Gel** {1 B} with **Emergency Soothing Powder** {½ W} and apply to face and neck with a Bioelements Treatment Brush.
  2. Apply eye pads moistened with **Soothing Eye Pad Solution** and leave on for 5 minutes. Remove using gauze and water.
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## Comedone Removal

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1. Apply eye pads and perform comedone removal if necessary.
  2. Blot extracted areas with **Post Extraction Clean Up**.
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## Custom Blend Massage

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- ST** 1. Blend a few drops of an Aromatherapist Oil into a massage product {1 B}. Apply with a Bioelements Treatment Brush to the face, neck and v-area and perform a 10 minute **Bioelements Signature Massage**.
2. Remove excess product with gauze and water.
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### MASSAGE PRODUCT CHOICES

#### **Hazelnut Oil**

- For all skin types

#### **Trissage**

- Very Dry to Combination skin

#### **Sebum Control**

#### **Massage Treatment**

- Oily to Very Oily skin

### AROMATHERAPIST OIL PRODUCT CHOICES

#### **Bulgarian Rose Otto**

- Aging skin
- Lines/surface wrinkles
- Poor elasticity

#### **Wild French Lavender**

- Redness
- Visible capillaries
- Post-acne dark spots

#### **East Indian Sandalwood**

- Excess oil
  - Clogged pores
  - Breakouts
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# Power Treatment

Choose to either custom blend a serum (column A) OR select a targeted treatment (column B).

## A. CUSTOM BLEND SERUM

### CUSTOM BLEND ADDITIVE PRODUCT CHOICES

#### Anti-Aging Active

- Aging skin
- Lines/surface wrinkles
- Poor elasticity

#### Oil Control Concentrate

- Excess oil
- Clogged pores
- Breakouts

#### Capillary Antidote

- Redness
- Visible capillaries
- Aging skin

#### Deep Hydration

- Dehydration
- Flakiness
- Surface wrinkles

#### Soothing Concentrate

- Redness
- Dehydration
- Environmentally stressed skin

1. Blend **Softening Gel** {1 **B**} with up to three **Custom Blend Additives**. Do not exceed 1 full dropper total. Apply to face and neck with a Bioelements Treatment Brush.
- ST** 2. Perform **Bioelements Product Penetration**. Do not remove product.

## B. TARGETED TREATMENT

### TARGETED TREATMENT PRODUCT CHOICES

#### LightPlex® GigaWatt Dark Spot Corrector {1 **W**}

- Pigmented spots
- Dull skin
- P.I.H.

#### Oxygenation {1 **W**}

- Dull, aging skin
- Lines
- Smoker's skin

1. Apply to face and neck with a Bioelements Treatment Brush.
- ST** 2. Perform **Bioelements Product Penetration**. Do not remove product.

OR

# Power Mask

1. Blend a mask {1 B} with up to three **Custom Blend Additives**. Do not exceed 1 full dropper total.



**NOTE:** If using **Flaxx-C Firming Mask** – do not custom blend as it will compromise the drying action.

## MASK PRODUCT CHOICES

### Restorative Clay

- Clogged pores
- Excess oil

### Ultra-Rich CremeTherapy

- Aging skin
- Lines/surface wrinkles

### Gel Therapy

- Dehydration
- Dull skin

### Kerafole

- Dull skin
- Clogged pores

### Flaxx-C Firming Mask

+ water {1 B}

- Poor elasticity
- Dull skin
- Aging skin

### Advanced VitaMineral Deep Detox Mask

- Environmentally stressed skin
- Aging skin
- Smoker's skin
- Pigmented spots

2. Apply to face over power treatment with a Bioelements Treatment Brush using the **Double Brush Application**.
3. Apply **V-Neck Firming Mask** to entire neck and v-area.
4. Apply eye pads and leave both masks on for 10 minutes.
5. Remove both masks with moistened towel.
6. Blot with a toner.



**NOTE:**

To remove the **Flaxx-C Firming Mask**, drape moistened, steamed towel over face. With towel still on, loosen mask by massaging skin, then remove mask from forehead down.

# Finish

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1. Apply a targeted treatment.

## PRODUCT CHOICES

### Stress Solution

- Sensitive skin
- Irritation
- Redness

### Recovery Serum

- Aging skin
- Flakiness
- Surface wrinkles

### LightPlex® MegaWatt

#### Skin Brightener

- Dark Spots
  - Hyperpigmentation
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2. Apply a sunscreen (if daylight) or moisturizer.

## SUNSCREEN / MOISTURIZER PRODUCT CHOICES

### Really Rich

#### Moisture

- Very Dry skin

### Crucial

#### Moisture

- Dry skin

### Absolute

#### Moisture

- Combination skin

### Beyond

#### Hydration

- Oily / Very Oily skin

### Calmitude Sensitive

#### Skin Moisturizer

- Sensitive skin

### Sun Diffusing

#### Protector SPF 15

- For all skin types

### RayDefense

#### SPF 30

- For all skin types

### SPF 50

#### FaceScreen

- For all skin types  
except Sensitive
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**ST** 3. Finish with the **Energy Tap** to refresh the client.

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