



### Synergistic Considerations

**Flu-Tone**  
**Inflamma-Tone**  
**Alka-C Complex**

## Core Echinacea

**Core Echinacea** is a staple botanical remedy that is used to help support healthy immune response, which in turn affects normal system functions. It is delivered in a liquid form that is easy to assimilate and may be used for adults and children.

**Core Echinacea** is derived from the aerial part of the herb echinacea. Echinacea, also known as the purple coneflower, is commonly known for its immune-modulating properties.<sup>1</sup> As we know, the immune system is responsible for defending the body against antigens, such as the ones that induce colds, the flu, infections, and allergies. Echinacea affects the immune-modulating activity by generating an acute-phase response in cells.\* The acute-phase response is a complex, systemic early-defense system of the body activated by triggers such as trauma, stress, or infection.<sup>1\*</sup> Echinacea has been traditionally used to promote the body's ability to regulate microbial balance, affecting digestive, urinary, and respiratory function.<sup>2</sup> It has also been used as a vulnerary (wound-healing) remedy.<sup>3\*</sup>

**Core Echinacea** is prepared using a unique, hand-crafted method known as Spagyric processing. During this process, raw materials are separated into their constituent parts. As the constituents go through the process, the water-soluble, oil-soluble, non-mineral, and mineral parts of the plant are extracted. These parts are then reunited into one substance. The end result is a pure, high quality, concentrated, and bioavailable product.

### Ingredients

**Echinacea purpurea** (*Purple Coneflower*)  
 Found in Midwestern and Eastern North America, this herb was first used by Native Americans for wounds.<sup>1</sup> The aerial parts of the plant contain polysaccharides, volatile oils, flavonoids, alkaloids, and polyenes.<sup>1</sup> Echinacea has been used to provide immune support and maintain normal immune system balance.<sup>1\*</sup>

### Supplement Facts

Serving Size: 30 drops (0.83 mL)		
Servings Per Container: About 71		
Amount Per Serving		% DV*
Botanical Extract	0.83 mL	**
Echinacea Purpurea Aerial Parts		
* DV represents Daily Value.		
** Daily Value not established.		

Other Ingredients: Purified Water, Ethanol 20%.

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\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

#### References

1. Brendler T, Gruenwald J, Jaenicke C, eds. *PDR for Herbal Medicines*. New Jersey: Thomson Healthcare Inc; 2007: p266-270
2. Hoffmann D. *Medical Herbalism: The Science and Practice of Herbal Medicine*. Vermont: Healing Arts Press; 2003: p544-545
3. Mills S. *The Essential Guide to Herbal Safety*. Missouri: Elsevier; 2005: p369