Ample evidence suggests that eating a typical modern diet, which often consists of excess sugars and carbohydrates, presents significant challenges to optimal wellness. Coupled with the effects of chronic stress, this can lead to poor adrenal function and a cascade of physiological effects in the body ranging from gastrointestinal issues to chronic fatigue and inflammation. We now know that even lower levels of stress, when regularly occurring, can induce a similar detrimental effect in the body as strenuous athletic overtraining. When our bodies feel under threat, the HPA Axis, which regulates our physical reaction to stress over adjusts and triggers elevated cortisol levels. In a recent study, it was discovered that these elevated levels can overtime lead to a suppressed immune system, and induce glycogenolysis, and insulin resistance. Without proactive treatment and support, these issues may eventually require aggressive strategies to correct. In addition to dietary changes and adopting stress management techniques, ongoing maintenance of the adrenal system is recommended.

Adrenal Response®
Daily adrenal support for maintaining healthy cortisol levels and a healthy stress response

- 250 mg of Sensoril, a patented extract of Ashwagandha root and leaf clinically shown to address negative effects of chronic stress

- Additional adaptogenic herbs Holy Basil, Rhodiola, and Astragalus provide synergistic support for healthy inflammatory and stress reaction

- Glandular-free, vegetarian-safe formula

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.
INNATE Response® offers two Adrenal Response formulas to provide multi-level support:

- Adrenal Response® addresses chronic stress by supporting energy levels and supporting an overworked nervous system.*

- Adrenal Response® Complete Care further addresses chronic stress by supporting adrenal tissue and appropriate hormone output. Our patented formula assists with FoodState® Vitamins C, B5, Magnesium and L-Serine to nourish tissue as well as provide adaptogenic support.*

Botanical Support:
Adrenal Response® and Adrenal Response® Complete Care contain a full range of adaptogens including Ashwagandha, Holy Basil, Rhodiola and Astragalus. Use of adaptogenic herbs for adrenal system maintenance has gained recent attention from several studies that support their stress-protective effects.*

Sensoril™ Ashwagandha is a clinically researched extract of Withania somnifera and the only form of Ashwagandha that is standardized to 8% withanolides. A 2008 multiphasic, double-blind placebo controlled human clinical trial validated its ability to reduce experiential feelings of stress and anxiety, decrease serum cortisol and C-reactive protein levels, and increase serum DHEA levels in a dose-dependent manner.* Subjects given the highest dose of 250 mg of Sensoril also saw added support for cardiac health and maintenance of healthy glucose response.*

Additional Adaptogenic herbs:
Holy Basil (Ocimum sanctum) is a plant revered in the Ayurvedic tradition for its support of the stress response.* Also known as Tulsi, it is backed by current research including a 2014 study showing that it addresses physical, chemical, metabolic and psychological stress through unique pharmacological actions.*

Tulsi protects organs and tissues from chemical stress found in industrial pollutants and heavy metals, and supports a healthy response to physical stress from prolonged physical exertion.

Adrenal Response® also contains whole body primary adaptogens Rhodiola and Astragalus offering a synergistic effect that eliminates the need for glandular herbal support.6 Rhodiola rosea has wide ranging and varied historical uses dating back to the Ancient Greeks. Modern research shows it supports a healthy mood by balancing the parasympathetic nervous system responses* and, as an adaptogen, strengthening the body’s response to physical, emotional and mental stress.5,6,7,8

Astragalus is considered one of the most important herbs in Chinese medicine. In a 2013 study, it was shown to offer broad protective effects. It is particularly prized for its flavonoids, polysaccharides and triterpene glycosides, which are known to support a healthy immune system.10 Schisandra berry, is an antioxidant rich fruit that was found in a 2013 study to support energy and stamina levels.11,12

Both formulas are glandular free and Vegetarian Safe: Tested free of soy, dairy, gluten, herbicides and pesticides, with a formula of adaptogenic herbs, berry, is an antioxidant rich fruit that was found in a 2013 study to support energy and stamina levels.

Adrenal Response Complete Care from FoodState Nutrients®

INNATE Response® is a registered trademark of FoodState, Inc.

Sources:
9. Schisandra berry, is an antioxidant rich fruit that was found in a 2013 study to support energy and stamina levels.
10. Schisandra chinensis (Schisandra chinensis) is a plant revered in the Ayurvedic tradition for its support of the stress response.* Also known as Tulsi, it is backed by current research including a 2014 study showing that it addresses physical, chemical, metabolic and psychological stress through unique pharmacological actions.*
11. Tulsi protects organs and tissues from chemical stress found in industrial pollutants and heavy metals, and supports a healthy response to physical stress from prolonged physical exertion.
12. Both formulas are glandular free and Vegetarian Safe: Tested free of soy, dairy, gluten, herbicides and pesticides, with a formula of adaptogenic herbs, berry, is an antioxidant rich fruit that was found in a 2013 study to support energy and stamina levels.

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